



RED HOT HAPPY HEART APPLE INSTRUCTIONS:

Make your apple with an adult's help.

1. Preheat your oven to 375 degrees.
2. Remove the core of the apple, but leave the apple intact.
3. Place the apple in a baking dish. Pour the cinnamon and brown sugar inside the apple. Add a teaspoon of butter on top if you'd like.
4. Bake for 30 to 40 minutes. Let cool and then enjoy with someone you love!
5. Take your apple and share it with a friend or family member. Interview the person using these questions.

● What's one way you know you're special to God?

● How has God blessed you?

● What are you most grateful for?

● What's one way you show God you're thankful to him and love him?

6. Come back next week and share what you learned about that person.



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